

Where ancient wisdom meets modern luxury



Perched upon a verdant slope overlooking a private beach on Kos island, KOIA All-Suite Wellbeing Resort is a unique adults-only sanctuary paying tribute to the ancient wisdom of the Hippocratic principles of wellness. Located just four miles from Kos Town, KOIA offers breathtaking panoramic views of the Aegean Sea's Ceramic Gulf, which become especially enchanting during summer sunrises. This five-star resort features 50 exquisitely designed suites and a villa, many with private pools, sea views and refreshing outdoor showers, all seamlessly integrated into the natural environment.

HIPPOCRATES' INFLUENCE

KOIA is the living embodiment of 'living well', the ancient Greek philosophy championed by Hippocrates, who was born on Kos. This eco-friendly resort is founded

on the principle that nature is the ultimate healer, which is reflected in its bioclimatic design, green technologies and even an innovative netted greenhouse created by the owners to protect the seasonal produce that can often be found in meals served in the hotel's restaurant, Thyme.

DESTINATION KOS

Kos itself belongs to the Dodecanese islands in the southeastern Aegean Sea. It's a destination rich in historical, cultural and archaeological significance, blessed with the simple beauty only found in nature. It's almost as if the island extends an invitation to the guest to discover its serene atmosphere, its distinct bronze beaches mixing fine sand and pebbles, the beauty of its timeless landscapes, the enduring ancient ruins and the restorative thermal waters.

HIPPOCRATIC CULINARY JOURNEYS

KOIA's culinary scene is inspired by the local gastronomy and is influenced by the Hippocratic principles, always showcasing nature's nutritional gifts. Dining is indeed a discovery of flavour, using the finest local ingredients and herbs — many found in KOIA's garden — creatively woven into modern interpretations of Greek and Mediterranean cuisine. As KOIA's main dining destination, Thyme Restaurant offers a casual chic setting where guests can enjoy all meals of the day. Breakfast includes a healthy Hippocrates corner, while lunch embraces a more traditional 'meze' approach, while dinner presents a more indulgent comfort-gourmet dish selection. For truly memorable moments, private fine dining with infinite sea view and an outdoor fireplace can be arranged.



EXPERIENCES & RITUALS

More than just a place that provides an environment of relaxation to its guests, KOIA's understated luxury and focus on balance and holistic wellbeing are joined to provide transformative holidays. Guests can wander through the fragrant botanical and vegetable garden, a living library of Hippocratic herbs; savour locally sourced cuisine at Thyme restaurant and enjoy flavourful herbal drinks at the Elixir bar; join outside cooking classes exploring the flavours of the land; partake in a variety of experiences based on the Hippocratic principles, like the Morning Ancient Stretchings, Blind Tea Tasting sessions or herbal in-room surprises.

WELLBEING HAVEN

The 'Ydor' Wellness Area, named after the ancient Greek word for 'water', provides a serene environment with all-natural, Hippocratic-inspired treatments. A gym, spa treatment rooms and

spectacular indoor heated pool with natural light and breathtaking sea views complete the experience. A secluded spa suite offers ultimate privacy, featuring a sauna, steam room and a Himalayan salt wall with rejuvenating properties.

KOIA creates the ultimate setting for moments of relaxation that promote a new daily life, where wellness is not just a concept but a way of existing.

Find out more

Visit: koiaresort.com
T: +302242020700

