

Travel

# Brilliant travel ideas for your next big trip

Plan your dream holiday with this list of the best in short breaks, safaris and slick city stays

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## Living360

### Feel the wellness vibes on Kos

*(KOIA)*

Sublimely situated on a gentle hillside above a secluded beach on Kos, KOIA All-Suite Wellbeing Resort is a peaceful adults-only hotel infused with the timeless principles of Hippocratic wellness — a holistic approach to living rooted in the ancient teachings of Kos-born Hippocrates.

Just four miles from Kos Town, the resort blends seamlessly with its natural surroundings, offering expansive views across the Aegean's Ceramic Gulf — an especially lovely prospect at sunrise. KOIA's architecture draws inspiration from the island's medieval castle, blending historical character with modern comfort.

The five-star resort features 50 suites and a villa, many with sea views, private pools and al fresco showers that invite you to linger in the balmy island air.

Here, wellbeing is rooted in nature, from the appealing textures of local stone to the soothing sounds of the sea, holding space for quiet reflection and connection.

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